

# MEDICLINIC MIDDLE EAST INTERNATIONAL NURSING & MIDWIFERY SPECIALTY CONFERENCE

PATIENT AND FAMILY-CENTRED CARE  
IN A DIGITAL-DRIVEN WORLD.

THURSDAY, 21 MAY 2026 | ROTANA - AL AIN  
7 HOURS CME ACCREDITATION



# MESSAGE FROM THE CONFERENCE CHAIRPERSON

Dear Esteemed Nursing Colleagues,

It is my great pleasure to welcome you to the 3rd Mediclinic Middle East International Nursing and Midwifery Specialty Conference 2026, a gathering of passionate professionals, innovators and advocates from around the world, hosted here in the UAE.

This year, we unite under the inspiring theme: “Patient and Family-Centred Care in a Digital-Driven World.”

As healthcare continues to evolve rapidly in the digital era, nurses remain at the forefront, bridging advanced technologies with the human touch that defines our profession. This conference offers a valuable opportunity to explore and exchange ideas on how digital innovation can strengthen, rather than diminish, our connection to patients and families. Together, we will listen, learn and engage in meaningful discussions on how to ensure compassion, empathy and partnership remain central in an increasingly technology-enabled environment.

Our scientific programme highlights six key subtopics that address the most pressing opportunities and challenges shaping modern nursing practice:

## **1. Digital Transformation in Patient-Centred Care**

Exploring innovations such as virtual documentation support, seamless EHR integration and the empowering role of mobile health solutions and wearable technologies.

## **2. Humanising Care in a Technology-Driven Environment**

Reflecting on how we preserve authentic human connection, uphold ethical standards and sustain empathy in virtual and hybrid care settings.

## **3. Family Engagement Through Digital Platforms**

Understanding how digital communication, virtual family conferences and culturally sensitive tools can strengthen family involvement in care planning.

## **4. Data Privacy, Security and Trust**

Addressing the critical importance of safeguarding sensitive information and building confidence in AI-driven and digital health solutions globally.

## **5. Training and Empowering Nurses for Digital Care**

Focusing on digital literacy, leadership in technology adoption and continuous professional development to equip nurses for the future of healthcare.

## **6. Innovations and Future Trends**

Looking ahead to emerging advancements - from AI and predictive analytics to virtual and augmented reality, and automation in family-centred nursing.

Throughout this conference, you will have opportunities to share your research, exchange best practices, engage in thought-provoking discussions and collaborate with peers who are shaping the future of our profession. I look forward to the rich dialogue and collective learning, that will emerge from the presentations, and to be inspired by each of the delegates.

Thank you for your commitment to advancing nursing practice and improving the lives of patients and families in our communities.



**Cora Lessing**

Mediclinic Middle East Nursing Executive  
Conference Chairperson

# AGENDA

07:30 - 08:30	<b>Registration</b>
<b>Opening Session Moderator: Arron Rothwell</b>	
08:30 - 08:40	Welcoming <b>Philip Tyler, Head of Cluster, Mediclinic Al Ain and Al Jowhara</b>
08:40 - 08:50	Opening Message <b>Hein van Eck, Chief Executive Officer, Mediclinic Middle East</b>
08:50 - 09:00	Honorary Welcome Address <b>His Excellency Sheikh Dr. Salem bin Rakkad Al Ameri, President of the Emirates Cancer Society</b>
09:00 - 09:15	Quo Vadis? <b>Dr. Jacques Kobersy, Chief Medical Officer, Mediclinic Middle East</b>
09:15 - 09:30	Generation: Nursing <b>Cora Lessing, Nursing Executive, Mediclinic Middle East</b>
09:30 - 09:45	Special Recognition <b>Arron Rothwell, Deputy Nursing Director, Mediclinic City Hospital</b>
09:45 - 10:15	<b>Tea Break</b>
<b>Session 1 - Moderator: Kemle Mikhael</b>	
10:15-10:30	Mediclinic's Voice-to-Care: The Future of Nursing Documentation using Wearable AI Devices <b>Fitzgerald Camacho, Duty Manager, Mediclinic City Hospital</b>
10:30-10:45	Empowering Family in a Digital World: Global Insights on Training, Participation and Lived Experiences <b>Dr. Jackie Chan, Faculty of Health Sciences, Department of Nursing, Lecturer Higher Colleges of Technology</b>
10:45-11:00	Empowering Nurses in the Digital Era: From Competence to Clinical Impact <b>Yvette Meyer, Unit Manager, Mediclinic Airport Road Hospital</b>
11:00-11:15	A Scoping Review of Future Trends in Artificial Intelligence within Intensive Care Units of the UAE and Middle East <b>Dr. Omar Smadi, Assistant Professor - Clinical, Ajman University</b>
11:15-11:30	Panel Discussion <b>Kemle Mikhael, Unit Manager, Mediclinic Parkview Hospital</b>
<b>Session 2 - Moderator: Yasmin De Suze</b>	
11:30-11:45	The Essential Role of Midwives in Enhancing Women's Childbirth Experience <b>Candice Peterson, Unit Manager, Mediclinic City Hospital</b>
11:45-12:00	Empowering Patients with Diabetes Through Digital Technology: Real-World Experiences with Insulin Pumps and Continuous Glucose Monitoring <b>Wafa Nayef Harbaji, Diabetic Educator, Mediclinic Airport Road Hospital</b>
12:00-12:15	Rethinking Clinical Problems in Critical Care: A Specialist Nursing Approach to Data-Informed Clinical Reasoning and Patient-Centred Care <b>Soufiane Roussia, Clinical Resource Nurse, Chair Nursing Research and EBP Committee, Sheikh Shakhbout Medical City</b>
12:15-12:30	Panel Discussion <b>Yasmin de Suze, Unit Manager, Mediclinic Airport Road Hospital</b>
12:30-13:30	<b>Lunch Break</b>

**Session 3 – Moderator: Nour Al Ameri**

13:30-14:30	Turning Framework Into Action <b>Sophia Samuel, Clinical Facilitator, Mediclinic Welcare Hospital</b>
14:30 – 14:45	Nursing Resilience in an Everchanging Landscape <b>Geetha Packianathan, Clinical Facilitator, Mediclinic Airport Road Hospital</b>
14:45-15:00	Humanising Nursing Care in a Technology-Driven Environment: Organisational Mechanisms Influencing Professional Quality of Life and Retention <b>Zahra Mohamed, Nursing Education Manager and Associate Dean, Sheikh Shakhbout Medical City</b>

**Session 4 – Moderator: Susmitha Sunny**

15:00-16:00	Nursing Documentation: Moving from a Paper to Digital Mindset <b>Elri van Vuuren, Clinical Learning Specialist, Mediclinic Corporate Office</b>
16:00 – 16:15	Assessing and Addressing Data Governance Awareness in Healthcare: A Comparative Analysis within the UAE Context <b>Stacy Mcteer, Unit Manager, Mediclinic Dubai Mall</b>
16:15 – 16:30	Bridging the Digital Gap: Enhancing Patient-Centred Care Through Interactive, Knowledge Application <b>Ahmed Kamel, Clinical Learning Specialist, Mediclinic Corporate Office</b>
16:30 – 16:45	Panel Discussion <b>Nour Al Ameri, SRN – Mediclinic Al Jowhara Susmitha Sunny, Head Nurse – Mediclinic Meadows</b>
16:45 – 17:00	Closing Remarks <b>Avashnee Rampersad, Director of Nursing, Mediclinic Al Jowhara</b>

**End of Conference**

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